

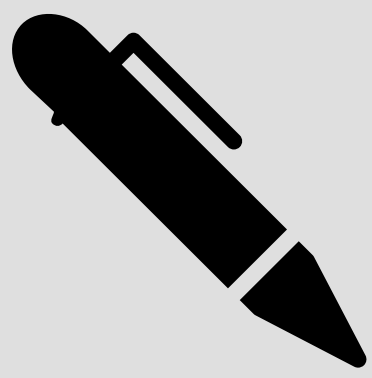
Goal Setting

with

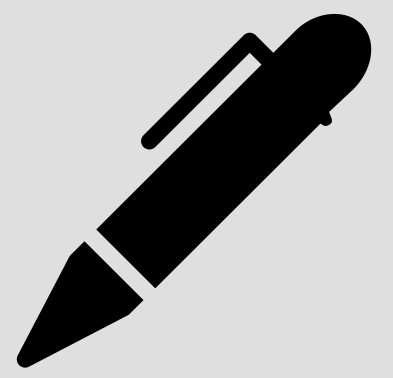


RAW VEGAN GINGER

keep it raw and real



My Mission Statement



What do you want out of life? What are your values, interests, passions, strengths, and talents that you want to show the world?

My Vision for the Future



What do you want to see yourself doing and achieving in the future? What is your plan for life in the next five to ten years?



Health Goals

List out the top ten goals you want to achieve when it comes to your health and body. Be specific with how you want to look and feel.



1.

2.

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10.



Money Goals

List out the top ten goals you want to achieve when it comes money. Be specific with how much you want to earn and/or receive.



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Family Goals

List out the top ten goals you want to achieve when it comes your family and/or children.



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Relationship Goals

List out the top ten goals you want to achieve when it comes to how you relate to the people you love and who are close to you.



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Career Goals

List out the top ten goals you want to achieve when it comes your career and livelihood.

What do you want to do and be?



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Recreation Goals

List out the top ten goals you want to achieve when it comes to recreation. Where do you want to go and what do you want to do?

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4.

5.

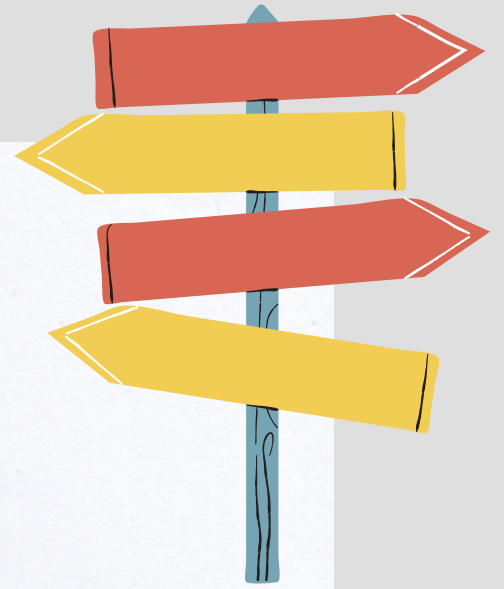
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Spiritual Goals

List out the top ten goals you want to achieve when it comes to your spirituality. How do you want to connect with your higher power?



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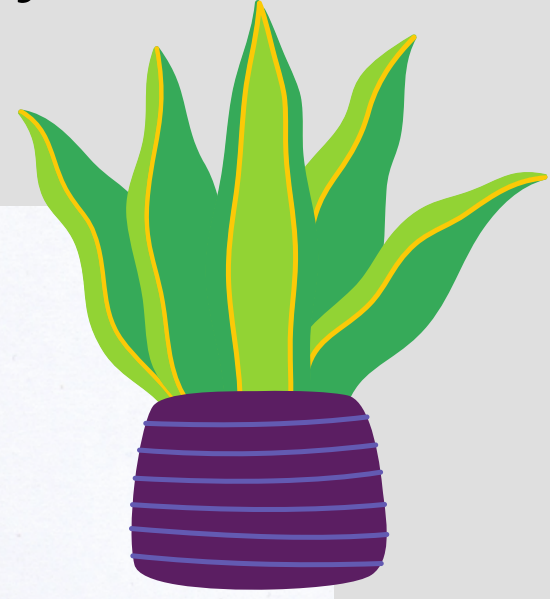
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Personal Growth Goals

List out the top ten goals you want to achieve when it comes to yourself and your life.

What do you want out of your life?



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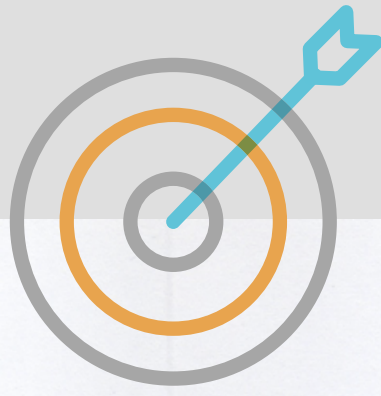
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Don't Forget



- *Stop playing small and dream BIG!*
- *Never have a lack of goals.*
- *Vision is extremely important.*
- *Believe it so you can achieve it.*
- *Consistency and persistence is key.*
- *Keep adding to your goals everyday.*
- *Goals give your live true meaning.*
- *Success = Working towards your goals.*
- *Ask yourself, where are you headed?*

